

# MVIC MUSCLE STRENGTH TESTING

**Name:** JOHANSON, JUME      **Patient ID:** 789      **Date:** 21/08/06      **Test:** 4

Age: 23    25/01/84    Diagnosis: ALS      **NEUROMU**  
Gender: Male    Refer Phys: MARQUE      **Hopital Pi**  
Height: Feet:      Requesting Phys:      **INTITUT DI**  
Inch      **3**  
cm    165    Test Date: 01/08/06      **JY HOGRE**  
Weight: lb      Time: 8:30 AM  
kg    88  
Indication:      Units: **4** → KG

( ) **Verify Diagnosis**      ( ) **Evaluate Response to Therapy**  
( ) **Disability Evaluation**      ( ) **Research**

SAMPLE

Upper Extremities (kg)	This Test	Baseline	This Test % Predict	Last Test % Predict	Change in % Predict	Predicted Strength (UNITS) 95% Confidence Interval		
						Mean		
Left Shoulder Extension	28.1	28.5	71.0	72.0	-1.4	30.6	39.6	48.6
Left Elbow Extension	14.43	14.7	61.6	62.8	-1.8	16.4	23.4	30.4
Left Shoulder Flexion	16.5	16.9	54.2	55.6	-2.4	22.4	30.4	38.4
Left Elbow Flexion	12.1	12.5	41.1	42.5	-3.2	20.4	29.4	38.4
Left Hand Grip	33.6	32.2	68.4	65.7	4.1	32.1	49.1	66.1
Right Shoulder Extensio	28.9	29.6	70.0	71.7	-2.4	29.3	41.3	53.3
Right Elbow Extension	12.1	11.57	50.3	48.1	4.6	16.1	24.1	32.1
Right Shoulder Flexion	17.1	17.6	53.4	54.9	-2.8	23.0	32.0	41.0
Right Elbow Flexion	14.5	14.6	43.5	43.8	-0.7	23.4	33.4	43.4
Right Hand Grip	31.2	32.2	60.4	62.4	-3.2	35.6	51.6	67.6
<b>Total Upper Extremity Strength</b>	<b>208.5</b>	<b>210.4</b>	<b>58.9</b>	59.4	-0.9		<b>354.2</b>	
Right	<b>103.8</b>	<b>105.6</b>	<b>56.9</b>	57.9	-1.7		<b>182.4</b>	
Left	<b>104.7</b>	<b>104.8</b>	<b>60.9</b>	61.0	-0.2		<b>171.9</b>	

Lower Extremities (kg)	This Test	Baseline	This Test % Predict	Last Test % Predict	Change in % Predict	Predicted Strength (UNITS) 95% Confidence Interval		
						Mean		
Right Ankle Dorsiflexion	18.4	18.6	58.1	58.8	-1.1	20.7	31.7	42.7
Left Ankle								43.0
Left Knee								39.5
Right Knee								41.2
Right Knee								77.3
Left Knee								74.8
Right Hip								66.5
Left Hip								67.2
Left Hip F								82.5
Right Hip								84.5

1. DATA IS ACQUIRED WITH THE QMA SYSTEM. USER MAY REQUEST INFORMATION BY SELECTING THE PROTOCOL, PATIENT AND VISIT. PATIENT AND HEADER INFORMATION IS AUTOMATICALLY FILLED.  
2. PATIENT INFORMATION MAY BE IN LBS OR KGS  
3. AGE AT THE TIME OF TESTING - IS A PRODUCT OF DOB AND TESTING DATE  
4. TESTING CAN BE CONDUCTED IN LBS, KGS, OR N - AND PREDICTED STRENGTH WILL BE ADJUSTED TO UNIT OF TESTING MEASUREMENT - AUTOMATIC FUNCTION OF A SUBROUTINE  
5. BASELINE IS NORMALLY THE FIRST VISIT, BUT CAN BE SELECTED AS ANY VISIT FOR COMPARISON.  
6. THIS TEST CAN BE THE CURRENT VISIT, BUT CAN BE SELECTED AS ANY VISIT FOR COMPARISON.  
7. PREDICTED STRENGTH - A PRODUCT OF AGE, GENDER, AND BMI FROM PUBLISHED WORKS.  
8. LAST TEST % CHANGE IN PREDICTED - DEVIATION OF PATIENTS EFFORT FROM PREDICTED VALUE  
9. THIS TEST % CHANGE IN PREDICTED - DEVIATION OF PATIENTS EFFORT FROM PREDICTED VALUE  
10. % CHANGE IN PREDICTED - FROM ONE TEST VISIT TO THE NEXT VISIT

**Interpretation:**

Neurologist \_\_\_\_\_, M.D.

QMA SYSTEM DATA